Dr Richard Hodgskinson.

Richard has a degree in Zoology, a PhD in Materials Science and has conducted scientific research. In recent years he has developed a strong interest in the mental health issues that modern humans endure.

He is a registered councillor with the British Association for Counselling and Psychotherapy and has a special interest in addiction.

He has experience working in local addiction services and now operates in private practice. He is a member of the United Kingdom Society of Celebrants and serves as the Mental Health Wellbeing Champion for North Ferriby Football Club.